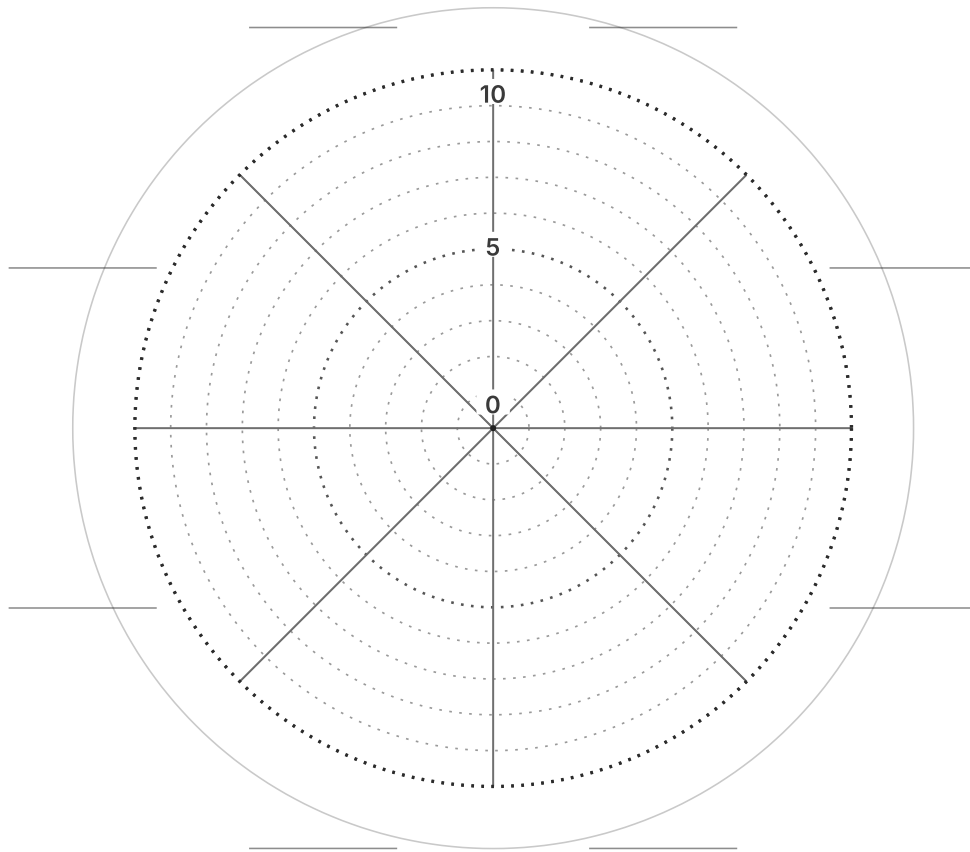


Your Wheel of Life

Write a life area on each line, score it 0–10 on how satisfied you feel today, then mark each spoke and connect the dots.

NAME _____

DATE _____



SCORING

1 Struggling

4 Getting by

7 Going well

10 Thriving